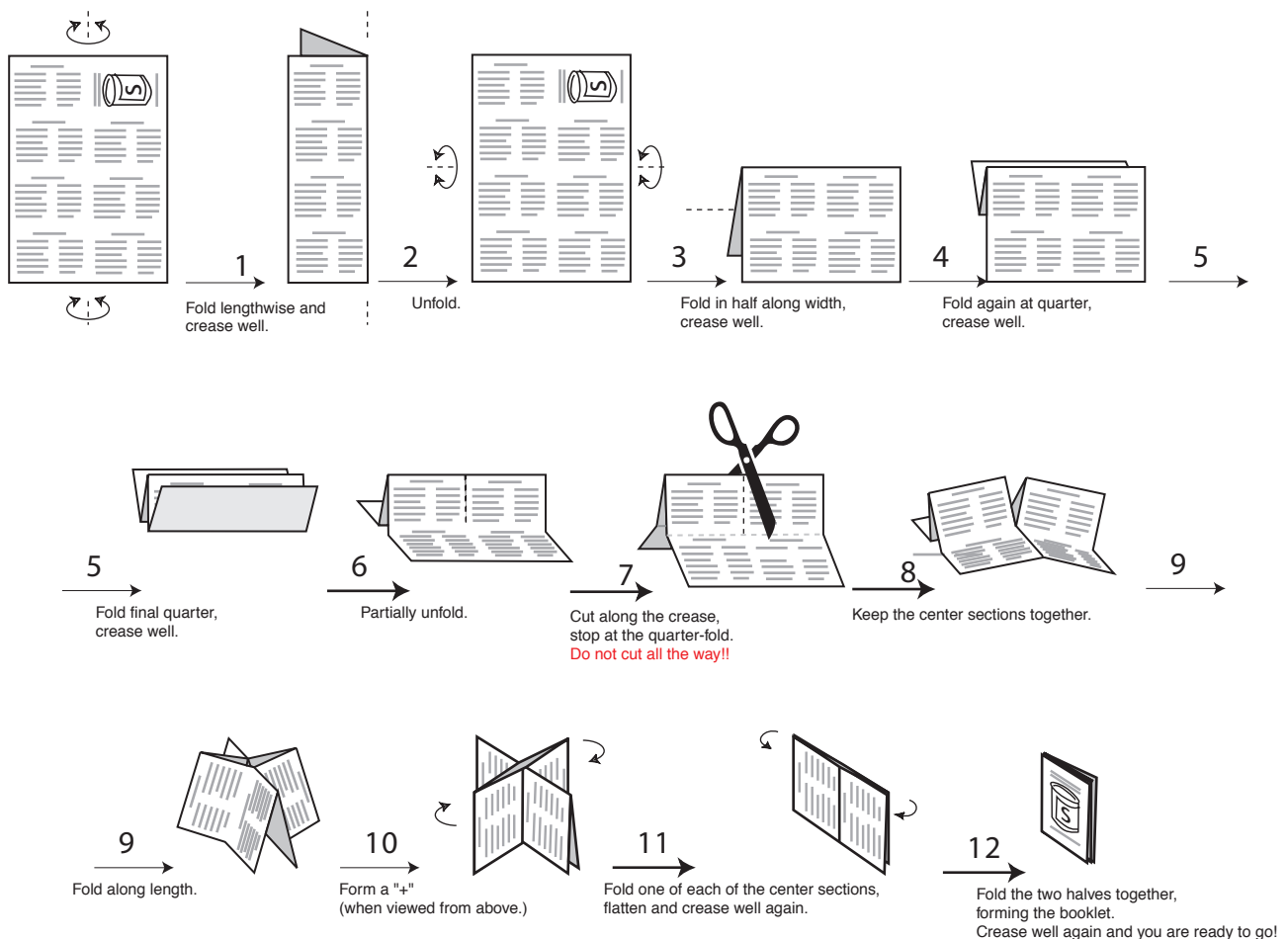




wallet-sized phrase guides folding instructions

1. Make sure that "Shrink to Fit" or "Fit to Page" is NOT checked in the Acrobat print window. This will misalign the fold lines.
2. In step 7, do NOT cut all the way!
3. Crease all folds well, after every step.
4. The alignment may not be perfect. This depends partially on your printer and may look worse if your printer has large unprintable margins. Experiment with different printers if you get bad results.
5. Any printer will work, but laser printers are most readable at small font sizes and don't wash out if they get wet.



Audio files that match this printed phrase guide can be found at:
<http://www.single-serving.com> as well as other phrase guides and other resources.